

INTERMOUNTAIN TESOL CONFERENCE 2023

**Boosting Confidence, Diminishing Obstacles
Prioritizing Wellbeing in ESL Education**



FRIDAY & SATURDAY OCTOBER 20-21

SLCC Miller Conference Center

Sandy, Utah

INTERMOUNTAIN TESOL CONFERENCE 2023

WELCOME

At some point every semester, I find myself talking with students and other teachers about finding balance. I hear myself advocating for boundaries and taking care of the whole self. And I hear my inner voice reminding myself to follow my own advice. It can be a challenge for many of us to find the balance of giving just enough of ourselves in our work without losing ourselves in it. As if just a *little more* time or a *little more* effort on that lesson plan or in our grading will somehow be what makes or breaks the learning experience for our students.

The lesson of prioritizing wellbeing appears to be one I (and I imagine some of you) continue to relearn. Every new school year, every new semester, and even every new course I teach seems to be a new challenge to strike this balance. As a teacher, the idea that my students will be successful at applying something they “have learned” in every new context would feel silly. The extra challenge and the unfamiliar situation of it all would understandably give pause and prompt questions of how to proceed. It can be harder to cultivate that same attitude in ourselves in professional development, but I have felt a shift away from the feeling of burn out when I try to keep this mindset for myself.

As you participate in this year’s Intermountain TESOL Conference, I invite you to reflect on the challenges you have faced or are currently facing in your professional development. I hope that as you attend sessions you get ideas that inspire you. When you interact with new and well-known colleagues, I hope that you feel encouraged by their experiences and more supported as you prepare to reenter the classroom. ITESOL has been an event I have looked forward to for years because of the energy I get from interacting with you all and for the way this professional community buoys each other up.

Thank you for being a part of this organization. Whether you present, offer support by attending, or serve in a position on the board, your contribution to the ESL teaching community is very appreciated. We hope you enjoy the next two days of sessions!

Karina Jackson

ITESOL Conference Chair



Karina Jackson

INTERMOUNTAIN TESOL CONFERENCE 2023

PLENARY SPEAKER

Amy S. Thompson Ph.D.

*Woodburn Professor of Applied Linguistics and Department Chair of the Department of World Languages, Literatures, & Linguistics & Director of International Relations and Strategic Planning for Eberly College
West Virginia University*



Dr. Amy S. Thompson's teaching experience includes a range of theoretical and methodological courses in Applied Linguistics. Regarding research, her primary research foci involve Individual Differences in Second Language Acquisition and the interaction of these IDs and multilingualism, as well as inquiries into linguistic racism and gender in higher education. Thompson has authored a book about context and motivation (*Multilingual Matters*, 2021) and has co-authored a book about language learning in Anglophone settings (*Palgrave*, 2021). Other examples of her research can be found in journals such as the *Modern Language Journal*, *TESOL Quarterly*, *Foreign Language Annals*, and the *International Journal of Bilingual Education and Bilingualism*, among others.

On a personal level, she enjoys swimming, kayaking, running Two Seeds in a Pod heirloom seed company with her husband, Mehmet Öztan, hanging out with her cats, and walking her dog. She is multilingual and dual citizen of the United States and Turkey.

Intermountain TESOL 2023

Schedule at a Glance

Friday October 20th	
9:00-9:45	Conference Check-in
9:45-10:00	Mindfulness Moment
10:00-11:00	Opening Plenary
11:30-11:50	Teaching Tips
12:00-12:45	Session 1
1:00-1:50	Networking & Lunch Break
2:00-2:45	Session 2
3:00-3:50	Digital Poster Sessions
4:00-4:50	Interest Section Meetings
5:00-6:00	Dinner
Saturday October 21st	
9:00-9:45	Session 3
10:00-10:45	Session 4
11:00-11:45	Session 5
12:00-1:00	Closing Plenary
1:00-2:00	Lunch & Business Meeting

STAY CONNECTED

ITESOL 2024

Make sure you are following ITESOL and keep an eye out for emails for information about our spring mini-conference and fall conference!

@intermountaintesol
Intermountain TESOL



WE ARE HIRING

MISSION & VISION

The English Skills Learning Center (ESLC) integrates and strengthens communities by breaking language and cultural barriers. We envision a community where all voices are celebrated.

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Intermountain TESOL 2023

Friday, October 20th

9:00-9:45 AM

Registration Check in

KGMC

9:45-10:00 AM

Mindfulness with Dr. Troy Cox

KGMC

10:00-11:00 AM

Opening Plenary Session

KGMC

Dr. Amy Thompson

On Friday, the session is an overview of some of the theoretical underpinnings and practical implications of language learning motivation, language learning anxiety, and self-confidence. I would start the plenary session by briefly introducing the topic, and then would lead the audience through interactive activities for hands-on experience with these constructs.

Intermountain TESOL 2023

Friday, October 20th

11:30-11:50 AM

TEACHING TIPS

Integrating positive psychology and language learning

209

Joclyn Farrales, Ben McMurry, & Lung

This teaching tip will provide English teachers with an application of positive psychology topics into listening and speaking classroom. Lesson plans cover major topics in positive psychology. Teachers will learn how to access lessons, how to adapt lesson plans to needs, and how to teach principles of positive psychology.

Twine - A digital choose your own adventure engine and more

213

Rachel Martin

Twine is a free software that allows anyone to write a digital choose-your-own-adventure story. No prior coding experience is necessary. In a TESOL setting it can also be used to support scenario-based or task-driven language use. This presentation will demonstrate three different types of projects.

Notes that S.O.A.R: Strategies to supercharge your students' note-taking practice.

220

Jennifer Schimmelpfennig & Anita Prabhakar

As note-taking has several cognitive advantages that are beneficial for ESL students, this presentation will delineate tips for teachers to enable their students to be better notetakers. These tips will help boost our students' confidence in their note-taking skills and provide teachers with aids, technology/apps, and practical activities.

Utilizing positive psychology through content-based materials

224

Jesica Sousa

Being a language student is often stressful and overwhelming. By creating content-based materials focused on positive psychology, we can provide opportunities to foster both student success and well-being. This presentation includes an online open resource for adapted reading materials that highlights how language educators can better meet student needs.

Intermountain TESOL 2023

Friday, October 20th

213

12:00-12:45 PM PRESENTATIONS

Designing a NASA summer camp

209

Paula Corona

Come and join me on this journey where Chemistry, Minecraft and ESL come together to give learners the experience of an interdisciplinary project and help them see English applied to real life scenarios by designing a rocket in a summer camp.

"It's just music teacher!": Music listening & discussion in the linguistic classroom

213

Rebecca Packard

This session will explore how listening to student-chosen music can enhance literacy skills in language acquisition. Theories of reader response, multiple intelligences and SLA research regarding student motivation and emotional state all help explain this phenomenon. There will be examples and tips for including this activity in lessons.

Teaching grammar with the PACE model

220

Ammon Hunt & Samantha Young

This teaching tip will include a description of the PACE Model, how to create and use a PACE lesson plan, the benefits of using the PACE Model in any classroom, and example PACE lesson plans that can be used or adapted for your context.

Teaching with Chatty; a look at nuances, concerns, and questions

224

Rachel Martin

You know what ChatGPT is. Where do we go from here? This presentation will outline three areas to explore: more-advanced capabilities, ethical concerns, and what generative AI means for writing and learning. This session will be hands-on (no ChatGPT account required) and participants will leave with a bank of resources.

1:00-1:50 PM NETWORKING

There will be a networking activity in the main hall and we encourage you to take a lunch break with colleagues.

Intermountain TESOL 2023

Friday, October 20th

2:00-2:45 PM PRESENTATIONS

The world is your classroom: Teach with English Language Programs 209

Kevin Gilman

Learn from alumni how you can make a difference globally through in-person and virtual teaching projects designed by the U.S. Department of State for experienced U.S. TESOL professionals. English Language Fellows, Specialists, and Virtual Educators provide language instruction, conduct teacher training, and develop resources, while being cultural ambassadors.

Understanding the exceptional language learner 213

Ben McMurry

As language teachers we are often asked questions like, "So how does someone actually learn a language? What's the trick?" The presenters review literature on language learning aptitude, motivation and attitudes, and access. They explore potential interactions and suggest a roadmap for future research.

Student perceptions of praise in L2 writing 220

Kate Matthews & Grant Eckstein

Come and join me on this journey where Chemistry, Minecraft and ESL come together to give learners the experience of an interdisciplinary project and help them see English applied to real life scenarios by designing a rocket in a summer camp.

Tips for working with non-literate adult English language learners 224

Katie Donoviel

Many adults enter the English language classroom without literacy in any language. Unfortunately, teachers are not often prepared to teach this population because it is often left out of training programs and existing materials are few and far between. Attendees in this session will learn best practices and quick, ready-to-implement tips for working with adult emergent readers learning English as well as where to access teaching resources targeted to this population.

Intermountain TESOL 2023

Friday, October 20th

3:00-3:50 PM POSTER SESSION

Graduate school readiness: Lessons learned in an intensive summer writing program for newly admitted L2 graduate students **KGMC**

Magda Pfunder, Cutter Mendenhall, Larissa Beatty, Eva Lundgreen, & Katie Watkins

In collaboration with the Master of Public Health (MPH) program, our writing center developed a summer tutoring pilot to help newly-admitted, L2 graduate students develop foundational writing skills. We describe the challenges and successes of this pilot and offer ideas for helping L2 students prepare for graduate studies.

Music or No Music: Evaluation of background music in authentic passages for listening assessment **KGMC**

Jennifer Hemmert Hansen & Matthew Wilcox

BYU Center for Language Studies uses authentic listening passages for computer-adapted listening proficiency tests. Finding authentic passages for intermediate-level items without added background music is challenging. We wanted to know if background music was distracting and affected the test-takers' scores. We tested 190 English Language Learners to answer our question.

Mentoring system for new TESOL graduate student teachers **KGMC**

Sarah Lutz

In Winter 2022, the BYU faculty made a change to the MA TESOL program which required all incoming graduate students to teach at BYU's English Language Center in their first semester. This poster will show the changes made to the existing mentoring program, including developing a 7-week meeting checklist for new teachers in their second semester.

Reversed models of speaking fluency practice **KGMC**

Chirstin Olson

When teachers are looking for speaking fluency practice, they may not know where to turn after using fluency lines or circles. However, those fluency activities tend to target speaking fluency almost exclusively from a full repetition-based model. Different models of speaking fluency practice can provide variety and scaffold speaking practice differently. In this poster session, the presenter will outline a reversed model for speaking fluency practice. Attendees will be able to articulate the difference between full repetition models and rate build-up models and have a simple protocol for practicing speaking fluency with a reversed model.

Intermountain TESOL 2023

Friday, October 20th

4:00-4:50 PM

Adult Education Interest Section Meeting	209
Higher Education Interest Section Meeting	213
K12 Interest Section Meeting	220

5:00-6:00 PM

Dinner **KGMC**

Meier's BBQ & Catering

Street Tacos

- Seasoned pork
- White corn tortillas
- Fresh fruit (watermelon, cantaloupe, honey dew, pineapple, strawberries & kiwi)
- Black beans
- Rice
- Salsa
- Chips
- Condiments

Meier's Famous Chocolate Brownies

Pink Lemonade

Water



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ⓕ *Fellow*

Ⓢ *Specialist*

Ⓥ *Virtual Educator*

For over 50 years, English Language Programs has placed highly qualified and experienced U.S. educators in the field of TESOL on in-country and virtual projects to assist U.S. Embassies in delivering quality English language programs and to support public diplomacy objectives.



Overview

- Participants of all programs
 - Are U.S. citizens;
 - Have a graduate level degree or higher; and
 - Demonstrate a commitment to the field of TESOL.
- Projects
 - Projects are designed by U.S. Embassies to build English language capacity at the local and national level.
 - All projects promote mutual understanding as part of the U.S. Department of State's public diplomacy initiative.
 - Both in-person and virtual projects offer opportunities for cultural exchange.



Intermountain TESOL 2023

Saturday, October 21st

9:00-9:45 AM

PRESENTATIONS

Grammar me this or that! PBL is where it's at!

209

Maria Summers, Karina Jackson, & Ben McMurry

Although students see the need for learning grammar, they often find it difficult and demotivating. In addition, often teachers' default grammar instruction approach is to focus on form. In this presentation, the presenters will discuss the design decisions and implementation of project-based learning in an advanced grammar class.

The Applied Linguistics Academic Word List (ALAWL): A domain-specific word list for applied linguistics

213

Ana Barraza, Zack Lambert, Carolee Rogers, Grant Eckstein, Jesse Vincent

While there are many word lists available for other domains and general academia, the Applied Linguistics Academic Word List (ALAWL) fills the gap of a domain-specific word list for students of applied linguistics. This presentation summarizes the methods used to create the ALAWL, the list itself, and its possible applications.

Perceptions of TESOL Instruction from Varying Feedback Sources

220

Kylie Woffinden & Matt Baker

This study of feedback comments compares perceptions of TESOL instruction across multiple feedback sources (expert teachers, peer teachers, and students). A new TESOL data collection method for researchers will be highlighted, along with implications for pre-service teachers seeking to better understand how students and experts perceive quality teaching.

Does Setting Language Goals Impact Students' Self-regulation in Writing Classes

224

Kayue Chan

When setting goals, mental contrasting with implementation intentions can be useful in planning how to face obstacles. The presentation will report on the use of WOOP (wish, outcome, obstacle, plan) with ESL writing students. Results suggest that students were more likely to reach their goals and affect their self-regulation when following this framework.

Intermountain TESOL 2023

Saturday, October 21st

10:00-10:45 AM PRESENTATIONS

The Impact of Revised Curriculum on English Language Education (Mongolian case) 209

Enkhchimeg Sharav

The Mongolian educational system has undergone a series of reforms with a complete overhaul occurring frequently. The impact of these sweeping changes on teacher practices and student achievement is unknown. This study explores how those frequent English language curriculum changes in Mongolian secondary schools, impact English language education.

Evaluating and Researching Positive Language Learning Institutions 213

Ben McMurry, Maria Summers, & Karina Jackson

Of the three main pillars of positive psychology, research on positive institutions in the context of language learning is sparse. Based on previous research, the presenters define 'positive institution,' provide a conceptual framework for evaluating institutions as positive, and propose a roadmap for researching positive institutions.

Using Corpus Data to Empirically Investigate Native English Speakers' Pausing Patterns 220

Ammon Hunt & Mark Tanner

This presentation shares results from an empirical study of native English speakers' pausing patterns using 80 NES speech samples from the IDEA corpus. Findings will be shared on how pausing patterns intersect with clause and phrase boundaries, punctuation, and gender. Implications for teaching non-native learners of English will be discussed.

"Having more thoughts can be developed": Undergraduate L2 writers narrate their experiences in a longitudinal tutoring program 224

Anna Wheeler, Mele Halatokoua, Luka Romney, Luci Sullivan, Olivia Heller, & Katie Watkins

We present the results of a qualitative study of reflection papers written by 29 L2 students enrolled in a semester-long support program at the university writing center. Using students' own words, we show how consistent, long-term peer tutoring can help L2 writers build lasting skills, confidence, and self sufficiency.

Intermountain TESOL 2023

Saturday, October 21st

11:00-11:45 AM PRESENTATIONS

Teachers' Perception of Student Motivation Compared to Self-Reported Student Motivation 209

Kayue Chan

Motivation is a key role in language learning, and it can affect the way students learn. The presentation will report on the perceptions of what teachers believe motivates students compared to students' perception of motivation. Results suggest that teachers and students perceive most factors affect motivation while few factors differ.

Trauma-informed Humor in Adult ESOL Classes 213

Zachary Brown

This session will explore trauma-informed practices in English language education, specifically in connection to humor's potential to lower learners' filters that may result from trauma. Seven trauma-informed principles will be presented for discussion through the lens of real examples of humor in English classes. The session might likely most benefit language instructors in university or adult education.

Integrating Longitudinal Peer-tutoring in University Composition Classes for Multilingual Students 220

Luke Beckstrand

With their diverse range of writing-related needs and goals, multilingual students in a university writing classroom can benefit from consistent, one-on-one support from a trained peer tutor. In this presentation, I share my experiences as an embedded peer tutor in a first-year composition class for multilingual writers.

(11:00-11:20) A Canvas Workflow for Effective Constructive Feedback on Writing Assignments 224

Jerome Rothermund

This Teaching Tip demonstrates a Canvas SpeedGrader workflow for fast and effective constructive feedback on writing assignments. Using a tried-and-true workflow for process writing, learners submit three drafts of each assignment, with each draft receiving a different type constructive feedback from the instructor and the learner's peers.

(11:30-11:50) Get 'em Talking (and Listening) 224

Heidi Healy

We all know to become successful users of English, learners need plenty of opportunities to listen and to speak. But sometimes, we as teachers struggle to come up with discussion topics or good listening materials. Come learn about Activate Games and American Teens Talk: two of the great resources available on the AmericanEnglish website.

Intermountain TESOL 2023

Saturday, October 21st

12:00-1:00 PM

Plenary

Dr. Amy Thompson

The session on Saturday involves interactive activities using some of the information gathered the day before, as well as information on some practical ideas for increasing motivation, reducing anxiety, and increasing language learning enjoyment.

1:00-2:00 PM

ITESOL Business Meeting & Lunch

Apple Spice Junction

Box Lunches

Intermountain TESOL 2023

About the Presenters

Matt Baker

Matt Baker is a professor at BYU in the department of Linguistics.
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Ana Barraza

Ana Barraza is a graduate of Brigham Young University's TESOL MA program teaching English as a Second Language in the Provo/Orem area.
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Larissa Beatty

Larissa Beatty is an undergraduate studying English Teaching at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.
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Luke Beckstrand

Luke Beckstrand is a Senior studying Linguistics at Brigham Young University. He has worked at the BYU Research and Writing Center for over two years.
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Zachary Brown

Zachary Brown is the English, Work, and Wellness Program Manager at the ESLC.
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Kayue Chan

Kayue Chan graduated in her master's degree in TESOL from BYU. Have research interests in the fields of second language acquisition, language learning, positive psychology, and corpus linguistics.
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Paula Corona

Paula Corona is a professor at SUU working with international students at ALCC. Before SUU, she worked as an ESL teacher for 30 years in Mexico City.
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Katie Donoviel

Donoviel Katie is currently the Executive Director of the English Skills Learning Center in Salt Lake City, Utah. She holds a Master's of Arts in Teaching English as a Second Language from Northern Arizona University. She has worked in education for 13 years and currently serves on the board of Literacy Education and Second Language Learning for Adults (LESLLA). When she isn't working, she can be found with her family, reading, or hula hooping!
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Intermountain TESOL 2023

About the Presenters

Grant Eckstein

Grant Eckstein is a professor of linguistics at Brigham Young University where he teaches graduate academic writing and teacher training courses.

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Joclyn Farrales

Joclyn Fis a TESOL MA student interested in researching the psychology of language learning.

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Kevin Gilman

Kevin Gilman is a representative of the English Language Programs from the U.S. Department of State.

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Mele Halatokoua

Mele Halatokoua is an undergraduate studying Art History at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.

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Heidi Healy

Heidi Healy is an instructor at the ELI at the University Utah and writes curriculum for BYU Pathway

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Olivia Heller

Olivia Heller is an undergraduate studying Psychology at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.

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Jennifer Hemmert Hansen

Jennifer Hemmert Hansen is a TESOL professional who develops English language assessments for Brigham Young University Center for Language Studies.

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Ammon Hunt

Ammon is an instructor at Brigham Young University's English Language Center. His main research interests include pronunciation, curriculum development, and grammar instruction.

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Karina Jackson

Karina Jackson is the Coordinator of Curriculum and Instruction at BYU's English Language Center.

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Intermountain TESOL 2023

About the Presenters

Zack Lambert

Zack Lambert is a graduate of Brigham Young University's TESOL MA program teaching English as a Second Language in the Provo/Orem area.

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Eva Lundgreen

Eva is an undergraduate studying Psychology at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.

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Michelle Lung

Michelle is a recent TESOL MA graduate from BYU and has conducted research in writing rubric efficacy among other topics.

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Sarah Lutz

Sarah Lutz is currently the Reading Skill Area supervisor at the BYU English Language Center

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Rachel Martin

Rachel Martin works at Carroll College. She has taught on four continents, is a certified teacher (Washington), holds two Masters, and is a PhD student.

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Kate Matthews

Kate Matthews is a graduate student of BYU's TESOL MA program. She teaches a variety of ESL classes in Utah.

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Ben McMurry

Ben is the Program Director for the English Language Center at BYU. He aims to promote research in all capacities.

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Cutter Mendenhall

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Chirstin Olson

Chirstin Olson is an instructor at the ALCC at Southern Utah University

Rebecca Packard

Rebecca Packard taught Listening & Speaking at Internexus Provo. She has degrees in music and education. She was an NEA fellow in music criticism in 2005.

Intermountain TESOL 2023

About the Presenters

Magda Pfunder

Magda Pfunder is a recent BYU graduate who studied English, Editing, and TESOL. Before graduation, she did research and tutoring at the BYU Research & Writing Center.
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Anita Prabhakar

Anita Prabhakar has a PhD in Curriculum & Instruction specializing in TESOL, an M.Phil and M.A. in English. She teaches ESL, education, and TESOL classes.
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Carolee Rogers

Carolee Rogers is a graduate of Brigham Young University's TESOL MA program teaching English as a Second Language in the Provo/Orem area.
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Luka Romney

Luka is an undergraduate studying Interdisciplinary Humanities at Brigham Young University. They are a student researcher and tutor at the BYU Research & Writing Center.
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Jerome Rothmund

Jerome, Rothmund who has been an Assistant Professor of ESL at Salt Lake Community College for the past four years, is originally from Pittsburgh, PA.
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Jennifer Schimmelpfennig

Jennifer Schimmelpfennig has an M.A. in History. She also holds a TESOL Certificate. She teaches ESL and workplace English classes.
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Enkhchimeg Sharav

Enkhchimeg Sharav is a doctoral student in Curriculum and Instruction at Montana State University. Her research interests are ESL teaching, professional development, and instructional coaching.
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Jessica Sousa

Jessica Sousa is a recent instructor from the ELC of BYU and has taught at Lumos Language school for 5 years. She also tutors ELL students at the UVU writing center.
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Luci Sullivan

Luci Sullivan is an undergraduate studying English at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.
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Intermountain TESOL 2023

About the Presenters

Maria Summers

Maria Summers is an Assistant Director of the Office of First Year Experience at BYU.

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Mark Tanner

Mark Tanner is an associate professor in BYU's Linguistics Department. He supervises the TESOL minor and certificate program and teaches in the MA TESOL program.

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Jesse Vincent

Jesse Vincent is a programmer, formerly programming for the Office of Digital Humanities, now working in the private sector.

Anna Wheeler

Anna Wheeler is an undergraduate studying Psychology at Brigham Young University. She is a student researcher and tutor at the BYU Research & Writing Center.

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Matthew Wilcox

Matthew Wilcox, PhD is the Associate Director at the Center for Language Studies at BYU, and is interested in the development and validation of language assessments and related statistical methods and processes.

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Kylie Woffinden

Kylie Woffinden is an MA student in the TESOL program at Brigham Young University.

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Samantha Young

Samantha Young has taught English at BYU's ELC and to international student-athletes at BYU. Her research interests include cultural adjustment and anxiety in the language classroom.

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Intermountain TESOL Board

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